

RESULTADOS EPIC60 MASCULINO - 2016

Peitoral	Nome	Escalao	Equipa	Controlo1	E1	G1	Controlo2	E2	G2	Controlo3	E3	G3	Controlo4	E4	G4	Obs
112	Ricardo Almeida	SM	Morcegos Trail	00:58:51	3	3	02:57:14	3	3	04:29:58	1	1	06:39:49	1	1	
121	Saulo Machado	SM	Morcegos Trail	00:58:45	2	2	02:57:09	2	2	04:30:07	2	2	06:39:49	1	2	
110	Davide Pinto	SM	-	00:58:43	1	1	02:55:41	1	1	04:33:30	3	3	06:52:09	3	3	
124	Andre Guerra	SM	-	01:03:03	8	8	03:03:52	5	5	04:43:36	4	4	06:56:08	4	4	
108	Renato Medeiros	SM	Morcegos Trail	01:01:24	6	6	02:58:46	4	4	04:52:26	5	5	07:06:38	5	5	
116	Mário Leitão	SM	Morcegos Trail	01:01:07	4	4	03:07:08	6	6	04:54:00	6	6	07:06:38	5	6	
103	Luis Godinho	SM	Morcegos Trail	01:02:59	7	7	03:10:59	8	8	05:01:12	7	7	07:27:04	7	7	
111	Emanuel Sabino	SM	Morcegos Trail	01:03:09	9	9	03:11:39	9	9	05:03:32	8	8	07:27:05	8	8	
104	Antonio Madeira	50M	C. Praças Armada	01:07:03	1	11	03:24:28	1	12	05:11:40	1	9	07:40:03	1	9	
106	Ricardo Mendonça	SM	Morcegos Trail	01:07:09	11	12	03:19:51	10	10	05:11:46	9	10	07:43:06	9	10	
101	Pedro Faria	40M	-	01:07:18	1	13	03:24:33	1	13	05:12:34	1	11	07:44:58	1	11	
122	Carlos Franco	SM	Atl. Desp. S.Pedro	01:04:40	10	10	03:20:01	11	11	05:26:36	10	12	08:29:10	10	12	
107	João Furtado	40M	Morcegos Trail	01:09:17	2	15	03:31:19	2	14	05:43:46	2	14	08:40:44	2	13	
105	Carlos Figueiredo	40M	Morcegos Trail	01:11:22	3	16	03:41:28	3	15	05:50:34	3	15	08:40:46	3	14	
125	Antonio Carreiro	50M	-	01:08:37	2	14	03:49:27	2	16	06:13:43	2	16	08:47:59	2	15	
117	Artur Alves	40M	GDC Créd. Agricola	01:18:27	4	17	04:18:09	4	18	06:45:50	4	18				DNF
119	Pedro Fernandes	SM	Morcegos Trail	01:01:15	5	5	03:07:20	7	7	05:26:48	11	13				DNF
113	Paulo Trigo	SM	Runners Pov.S.Iria	01:20:12	12	18	04:14:03	12	17	06:40:12	12	17				DNF
118	Rui Marques	SM	-													

RESULTADOS EPIC60 FEMININO - 2016

oral	Nome	Escalao	Equipa	Controlo 1	E1	G1	Controlo 2	E2	G2	Controlo 3	E3	G3	Controlo 4	E4	G4	Obs
123	Sónia Tubal	SF	-	01:06:59	1	1	03:15:30	1	1	05:03:22	1	1	07:27:00	1	1	
100	Virginia Pereira	50F	Salamandr ecos	01:08:16	1	2	03:22:48	1	2	05:11:29	1	2	07:28:36	1	2	
102	Ana Duarte	40F	Falcões Selvagens	01:18:29	2	5	03:54:52	2	5	05:49:13	1	3	08:22:04	1	3	
109	Anabela Cura	40F	Atl. Desp. S.Pedro	01:13:18	1	3	03:50:35	1	3	06:05:29	2	4	08:42:53	2	4	
114	Sónia Sousa	SF	CD Metralhas	01:13:22	2	4	03:50:39	2	4	06:06:18	2	5	08:42:53	2	5	
120	Patricia Gomes	SF	Monsanto Running T	01:28:21	3	7	04:18:16	3	7	06:49:09	3	7				DNF
115	Bela Vedor	40F	Morcegos Trail	01:20:06	3	6	04:14:08	3	6	06:32:41	3	6				DNF

RESULTADOS EPIC30 MASCULINO - 2016

Peitoral	Nome	Escalao	Equipa	Controlo 3	E3	G3	Controlo 4	E4	G4	Obs
243	Paulo Barbosa	SM	Fitboxisland	01:12:30	1	1	03:07:03	1	1	
217	José Geada	40M	Ass. Vale Grande	01:17:06	1	2	03:10:34	1	2	
216	José Silva	40M	Ass. Vale Grande	01:19:41	2	3	03:10:34	1	3	
218	Antonio Santos Luis	50M	Ass. Vale Grande	01:28:36	1	7	03:12:31	1	4	
211	Mendonça	40M	#letsrunazores	01:30:09	4	10	03:23:32	3	5	
259	Simão Melo	40M	-	01:29:24	3	9	03:30:56	4	6	
258	Aurélio Barbosa	SM	Fitboxisland	01:21:56	3	5	03:32:57	2	7	
249	João Raposo	SM	-	01:28:47	5	8	03:33:25	3	8	
245	Mirko Peters	SM	-	01:28:33	4	6	03:38:12	4	9	
230	Daniel Louro	SM	-	01:21:16	2	4	03:38:52	5	10	
253	Jorge Fernandes	SM	nuRse	01:33:16	6	11	03:45:20	6	11	
246	Rui Marques	40M	Morcegos Trail	01:36:16	6	13	03:46:18	5	12	
200	Ricardo Andrade	SM	#letsrunazores	01:38:56	9	18	03:59:50	7	13	
226	Rui Melo	50M	Atl. Desp. S.Pedro	01:42:15	2	22	04:01:29	2	14	
250	Carlos Antão	40M	-	01:36:22	7	14	04:01:38	6	15	
257	Hamilton Cruz	40M	CD Metralhas	01:42:54	11	23	04:02:58	7	16	
236	Marco Pinto	40M	#letsrunazores	01:35:22	5	12	04:08:01	8	17	
241	Luis Alves	SM	-	01:40:22	10	20	04:12:46	8	18	
204	Paulo Branco	40M	-	01:36:29	8	15	04:15:39	9	19	
251	Pedro Rosa	SM	-	01:38:29	8	17	04:16:03	9	20	
202	Rui Silva	40M	#letsrunazores	01:49:40	13	26	04:17:31	10	21	
220	Bruno Cardoso	40M	#letsrunazores	01:41:54	10	21	04:20:02	11	22	
235	João Silva	SM	Tartarugas solid.	01:56:41	13	29	04:21:25	10	23	
233	Joaquim Rodrigues	SM	Tartarugas solid.	01:56:37	12	28	04:21:28	11	24	
214	Fernando Almeida	40M	#letsrunazores	01:43:52	12	24	04:28:19	12	25	
227	David Lopes	SM	-	01:44:10	11	25	04:29:31	12	26	
221	Sérgio Soares	40M	#letsrunazores	01:40:00	9	19	04:47:50	13	27	
225	Alexandre Almeida	40M	Molinhas Team	01:50:09	14	27	04:54:28	14	28	
205	Paulo Fontes	SM	-	01:57:06	14	30	05:02:23	13	29	
212	Rafael Nunes	40M	-	01:57:18	15	31	05:09:10	15	30	
207	Simão Neves	40M	#letsrunazores	01:58:49	16	32	05:11:41	16	31	
256	António Ferreira	40M	-	02:03:29	17	33	05:12:05	17	32	
238	Nuno Lopes	40M	-	02:11:40	19	35	05:18:56	18	33	
201	Luis Quental	40M	-	02:08:00	18	34	05:22:52	19	34	
223	Bruno Pacheco	SM	#letsrunazores	02:39:21	16	41	05:29:45	14	35	
222	Francisco Correia	40M	-	02:31:00	22	39	05:30:04	20	36	
228	Jalme Ferreira	50M	-	02:36:27	3	40	05:39:13	3	37	
242	Miguel Mota	40M	#letsrunazores	02:19:05	20	36	05:42:03	21	38	
247	Ian Scholten	SM	-	02:28:15	15	38	05:45:23	15	39	
237	Bruno Conceição	40M	#letsrunazores	02:26:35	21	37	05:57:30	22	40	
265	Paulo Barbosa	SM	-	01:36:44	7	16				DNF
239	Fernando Soares	50M	-							DNS

RESULTADOS EPIC30 FEMININO - 2016

Peitoral	Nome	Escalao	Equipa	Controlo 3	E3	G3	Controlo 4	E4	G4	Obs
254	Lucinda Sousa	40F	-	01:19:34	1	1	03:05:42	1	1	
219	Mónica Cardoso	40F	#letsrunazores	01:36:35	2	2	03:52:14	2	2	
229	Maria Silva	SF	Atl. Desp. S.Pedro	01:44:21	2	4	03:59:46	1	3	
213	Vanessa Borja	SF	Onlyme Team	01:49:46	4	6	04:11:48	2	4	
215	Bárbara Sardinha	SF	-	01:44:03	1	3	04:18:50	3	5	
234	Janete Morais	SF	Tartarugas solid.	01:57:14	5	7	04:21:27	4	6	
231	Catarina Pires	SF	#letsrunazores	01:46:33	3	5	04:28:42	5	7	
252	Ana Gaspar	40F	-	02:03:35	3	9	05:02:08	3	8	
203	Margarida Melo	40F	#letsrunazores	02:29:16	5	14	05:02:30	4	9	
210	Maria Matos	40F	Atl. Desp. S.Pedro	02:05:05	4	10	05:02:40	5	10	
208	Ana Maçanita	SF	#letsrunazores	01:57:57	6	8	05:09:08	6	11	
255	Susana Aguiar	SF	Atl. Desp. S.Pedro	02:36:37	10	15	05:39:13	7	12	
240	Rita Anjos	SF	#letsrunazores	02:19:10	7	11	05:42:02	8	13	
248	Melissa Gerrard	SF	-	02:28:33	9	13	05:45:23	9	14	
232	Margarida Amaro	SF	AMCF-ArrábidaTrail	02:27:23	8	12	05:51:55	10	15	
244	Maria Janela	50F	TS	02:50:01	1	17	06:42:59	1	16	
206	Maria Pinto	SF	Tartarugas solid.	02:49:54	11	16	06:43:03	11	17	
209	Ana Rico	SF	Atl. Desp. S.Pedro							DNS
224	Regina Mota	40F	Molinhas Team							DN